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New from TCG Books:
An Actor’s Companion by Seth Barrish

NEW YORK, NY – Theatre Communications Group (TCG) is pleased to announce the publication of Seth Barrish’s An Actor’s Companion. Barrish, a prominent director with almost forty years of experience in the field has created a new guide and useful resource for actors and theatre professionals. Anne Hathaway, prolific film actress and former student of Barrish’s, provides the foreword for the book.

“There is a musculosity, not to mention wisdom and truth, to Seth’s techniques. He is a wonderful teacher, and I know that having him as my first guide is one of the luckiest things to have happened to me in my career and life.”
– Anne Hathaway, from her foreword

A collection of practical acting tips, tools, and exercises, An Actor's Companion is ideal for both the seasoned professionals and actors-in-training. The tips—all simple, direct, and useful—are easy to understand and even easier to apply, in both rehearsal and in performance. Through The Barrow Group, founded in 1986, Seth Barrish has taught thousands of actors, many of whom have achieved critical accolades and honors such as Academy Awards, Emmy Awards, Obie Awards and more.

“Seth Barrish has coached me on almost every TV project, film or audition I’ve done since we met ten years ago. When it comes to wisdom about acting, there’s no one I hold in higher regard.”
– Mike Birbiglia, comedian, director, actor

Seth Barrish is an actor, director and co-founder of The Barrow Group, a theater company and acting school, in New York City. During his near forty-year career he has directed the award-winning My Girlfriend’s Boyfriend, Sleepwalk with Me, The Tricky Part, Pentecost, All the Rage and Old Wicked Songs.
For over 50 years, Theatre Communications Group (TCG), the national organization for the American theatre, has existed to strengthen, nurture and promote the professional not-for-profit American theatre. TCG’s constituency has grown from a handful of groundbreaking theatres to nearly 700 Member Theatres and Affiliate organizations and more than 12,000 individuals nationwide. TCG offers its members networking and knowledge-building opportunities through conferences, events, research and communications; awards grants, approximately $2 million per year, to theatre companies and individual artists; advocates on the federal level; and serves as the U.S. Center of the International Theatre Institute, connecting its constituents to the global theatre community. TCG is North America’s largest independent trade publisher of dramatic literature, with 13 Pulitzer Prizes for Best Play on the TCG booklist. It also publishes the award-winning American Theatre magazine and ARTSEARCH®, the essential source for a career in the arts. In all of its endeavors, TCG seeks to increase the organizational efficiency of its member theatres, cultivate and celebrate the artistic talent and achievements of the field and promote a larger public understanding of, and appreciation for, the theatre. www.tcg.org.

An Actor’s Companion
By Seth Barrish
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A first-time TCG title from this author!

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